

Home Delivered Meal Eligibility Guidelines

Eligibility Requirements include all of the following:

- a. Age 60 or older,
- b. Service area is _____,
- c. Frail and/or homebound for periods of three days or more because of acute or chronic illness or incapacitating illness,
- d. Isolation which leaves the older person unable to shop or prepare a diet or obtain meals from another source,
- e. Unable to participate in a congregate meals program,
- f. Not receiving home delivered meals from another source,
- g. No adult is available or willing to prepare meals,
- h. Special dietary needs of the client can be met by the meals available,
- i. Client agrees to cooperate in the delivery procedures of the nutrition program provider, and
- j. Client receives less than 8 hours per week of homemaker services. (Some waivers may be considered.)

Title III C is not an “entitlement” program, meaning that there are limited dollars available for this program. The Area Agency on Aging is responsible for assuring that the clients who receive the service do not have access to other resources or programs that may substitute for the service.

If an older adult is not eligible to receive home delivered meals and/or terminated from the home delivered meal program, the Case Manager should encourage that older adult to participate in the congregate meal program.

Note: The spouse of the eligible older person, regardless of age or condition, or an individual with a disability who lives with the client, may also receive a home delivered meal if desired and if provision of the meal is in the best interest of the frail and/or homebound person.